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Gender Personality of Female Students Majoring in P.E.

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Abstract

Although the number of female participants in sport increased, our society's view isn't always favorable for the sports in which women take part. There has been a stereotype thought that sports are manlike, which shows that sport expects women less feminine, gentle, and obedient (Dohi, 1998).

Female students majoring in P.E. often hear the statements, "You are strong and so scared though you are a woman", "You look like a man", and so on. But there is few data that shows sport women recognize themselves to be manlike.

Participants were female junior college students majoring in P.E. (n=195, most of them were freshmen). This study examined the relationship between sport and gender (female) by the questionnaire including the satisfaction for own sex and Gender Personality Scale (Koide, 1996a). Participants were classified into 4 types, Masculinity, Femininity, Androgyny, and Non-specialization based on GPS's Masculine and Feminine scores. It showed if female P.E. students were Masculinity or not.

Main results were as followed:

- 1. The appearance rate of four types was similar to non- P.E. major female students.
- 2. They had ambivalent feelings between sport participation and Femininity. That is, more they were active in sport, thicker their some muscle developed.
- 3. While students in artistic sports who had high sex appeal scale scores showed low satisfaction with their femininity, in competitive sports high sex appeal scores showed high satisfaction.
- Key words: gender personality, female students majoring in P.E., masculinity, femininity